Advent Acts of Prayer Goodness Chain

Grades K-5

This activity may be completed in class or sent home as a family activity.

INSTRUCTIONS: Cut out each strip to create an Advent paper chain, linking the chains by date beginning with December 1. Each day, tear off the assigned link and complete the action noted on it.

December 3:
Create a family Advent wreath. You will need some greenery for the wreath, three purple candles and one pink candle. Place the wreath in a prominent location.

December 4:
Set a goal for money you would like to donate/collect this Advent Season for the Missio project.

December 5:
Conduct an “Advent cleaning” in your home. Identify items like clothes, household goods and toys you no longer use. Collect those items and donate them to a local group – maybe your parish’s thrift shop – that distributes them to people in need. Or, consider holding a yard sale, and donating the money to your Missio project.

December 6:
Today is the Feast Day of St. Nicholas. Learn more about this saint at the library, or through an Internet search with your parents’ help.

December 7:
Make a list of all of the things you like most about each of your family members. Share the list with them today. Thank God for the gift of family.

December 8:
Today is the Feast of Immaculate Conception of the Blessed Virgin Mary. Pray the World Mission Rosary, if possible with your family. Learn more at www.WorldMissionRosary.org
December 9:
Spend time as a family deciding one way that you can save some money each week, perhaps by giving something up. Contribute those funds to your Missio project.

December 10: Read today’s Gospel, Mark 1:1-8. Then light the first and second candle on your Advent wreath and pray together as a family.

December 11:
Create your own good deed for today. In the space below, write down what you will do.

December 12:
Today is the Feast of Our Lady of Guadalupe, patroness of the Americas. Do a library or Internet search with your parents’ help to find out why the day is so important. Learn about St. Juan Diego too!

December 13: Do an extra household chore today without being asked.

December 14:
Make or buy a Christmas card for a favorite teacher. Bring the card to school tomorrow and put it on his or her desk. Then pray for him or her. Pray also for all catechists who teach about Jesus in the Missions.

December 15:
Ask your extended family members (aunts, uncles, cousins, grandparents) to consider donating to the Missio project. Remember even the smallest donation can make a difference!

December 16:
At each meal today, say a prayer for all those who are hungry and in need of food and shelter. Pray also for missionaries who love and care for the poor.

December 17:
Read today’s Gospel, John 1:6-8, 19-28. Then light the first two candles and the pink candle on your Advent wreath, then pray together as a family.
December 18:
“Be an angel!” for the Missions! Ask your pastor to hang some angels on your parish Christmas tree, encouraging people to donate to the Missions!

December 19:
Create your own good deed for today. In the space below, write down what you will do.

December 20:
Forgive someone who has hurt you. Pray for peace in places in the Missions where there is war or fighting.

December 21:
Today, smile at everyone you meet. Imagine your joy reaches your mission family across the globe.

December 22:
Ask friends of your family to consider donating to the MISSIO project. Be sure to explain why you are collecting the funds and how they will be used.

December 23:
Who are the people in your neighborhood, school, or community who are lonely, excluded, or a bit different? Take time today to offer a kind word to a few of them. If you are not able to reach out to someone, pray for him/her instead. Pray for missionaries who reach out this day to those who are alone or abandoned.

December 24:
Read today’s Gospel, Luke 1:26-38. Then light all four candles on your Advent wreath and pray together as a family.

December 25:
Celebrate the birth of the Christ Child by joyfully thanking God for the great gift He has given to you – the gift of Your faith – and the gift He has given to all the world – the gift of His Son. Pray for all in the Missions who may not know about Jesus’ birth – and for the missionaries who bring them this Good News!