Lent is a time in the Catholic Church consisting of 40 days, not including Sundays, which begins on Ash Wednesday and ends on Holy Saturday. The forty days reflect the time Jesus spent in the desert resisting temptations of the devil and preparing to begin his public ministry. This year Lent begins on Wednesday, February 26, 2020.

Please use this time to prayer more, fast, and go to confession. You can take time to reflect on yourself to see how you have failed to follow Jesus and try to build ways to deepen your relationship with Him.

Source: https://i.pinimg.com/474x/d4/30/89/d430893497b21963b4247839488246ab--ash-wednesday-trivia.jpg?b=t