Ordinary Time Prayer Journal

Christmas and Easter Time highlight the central mysteries of the Paschal Mystery, namely, the Incarnation, Death on the Cross, Resurrection & Ascension of Jesus Christ and the Descent of the Holy Spirit at Pentecost. The Sundays and weeks of Ordinary Time, on the other hand, take us through the life of Christ. This is the time of conversion. This is living the life of Christ.

Ordinary Time is a time for growth and maturation, a time in which the mystery of Christ is called to penetrate ever more deeply into history until all things are finally caught up in Christ. The goal, toward which all of history is directed, is represented by the final Sunday in Ordinary Time, the Solemnity of Our Lord Jesus Christ, King of the Universe, which is in November.

Use this page to start a prayer journal to keep during Ordinary Time. The word “ordinary” as used here is not meant to suggest that this period is plain or unremarkable, so take the time to deepen your faith, and pray for the Missions, as they are always in need of our love and support throughout the Liturgical Year.